

Gunnison

June 2nd, 2018

Gunnison Recreation Center



Entry Fee: There will be a gate admission of \$3.00 for spectators 2 and up.

Concessions: There will be a concession at the meet. Help support our Gymnastics Program!

NO FOOD OR DRINK allowed in the gym.

Session 1 Compulsory 3 & 4		Session 2 Optionals
7:30 am	Arrive at Gym	12:15 pm
7:40-8:10 am	Open Warm Ups	12:25-12:55 pm
7:50-8:05 am	Coaches Meeting	12:35-1:50 pm
7:50-8:25 am	Judges Meeting	12:35-1:10 pm
8:10-8:35 am	Timed Warm Ups	12:55-1:23 pm
8:45 am	March In	1:30 pm
9:00-11:45 am	Competition	1:45-3:30 pm
12:00-12:15 pm	Awards	3:45-4:00 pm

Gunnison CARA Gymnastics Meet

June 2nd, 2018

Session 1 Compulsory 3 & 4

Time Warm-ups

TIME	FLOOR	BEAM	BARS	VAULT
8:10-8:16	Gunnison - 1 (5.5min)	Durango - 1 (5.5min)	Durango - 2 (6min)	Gunnison - 2 (3min)
8:16-8:22	Gunnison - 2 (3min)	Gunnison - 1 (5.5min)	Durango - 1 (5.5min)	Durango - 2 (6min)
8:22-8:28	Durango - 2 (6min)	Gunnison - 2 (3min)	Gunnison - 1 (5.5min)	Durango - 1 (5.5min)
8:28-8:34	Durango - 1 (5.5min)	Durango - 2 (6min)	Gunnison - 2 (3min)	Gunnison - 1 (5.5min)

Gunnison 1	All C3's (11)
Durango 1	All C3's + 3 C4's (11)
Gunnison 2	All C4's (6)
Durango 2	12 C4's (12)

8:34 am - Clear gym and Line Up in hallway for March-in
March-in Order: Gunnison, Durango @ 8:45 am

Session 2 Optionals

Time Warm-ups AND Competition Order

TIME	FLOOR	BEAM	BARS	VAULT
12:55-1:02			Gunnison	Durango
1:02-1:09			Durango	Gunnison
1:09-1:16	Durango	Gunnison		
1:16-1:23	Gunnison	Durango		

1:23 pm - CLEAR THE GYM & Line Up in the hallway.
March-in Order: Gunnison, Durango @ 1:30 pm