

Apex Park and Recreation District

CARA Gymnastics Meet

Saturday, June 30, 2018

Simms Street Recreation Center

Main Office: 303.467.7120

Optionals (87)

7 am	Arrive at Gym
7-7:30 am	Open Warm Ups
7:30-8:40 am	Timed Warm Ups
8:40-9 am	March In
9am-11:30 am	Competition
11:30 am-12 pm	Awards

Comp 3 & Comp 4 (71 total)

11 am	Arrive at Gym
12-12:15 pm	Open Warm Ups
12:15-1:15pm	Timed Warm Ups
1:15-1:30 pm	March In
1:30-3:30 pm	Competition
3:30-4 pm	Awards

Entry Fee: There will be a gate admission of \$3.00 for ages 2 & OVER.

Location: Apex Simms Street Recreation Center, 11706 W. 82nd Ave.

Hospitality Room: There will be a small hospitality room for coaches and judges.

Concession Stand: There will be NO concession stand available.

Seating: Seating is limited, the gym will be crowded. Absolutely NO FOOD or DRINK will be permitted in the gym. The next group will not be allowed into the gym until the previous group is let out.

***Meet will take place in two gyms: floor & bars in one, beam and vault in another. ***

Teams Competing: Apex, Commerce City

