



**HYLAND HILLS**  
*Park & Recreation District*

**ADULT PARTICIPANT LIABILITY RELEASE FORM**

Participant's Name: \_\_\_\_\_

Birth Date: \_\_\_\_\_

Address: \_\_\_\_\_  
Street Apt. # City Zip

Activity: \_\_\_\_\_ Phone: \_\_\_\_\_

The undersigned do hereby release, forever discharge and agree to hold Hyland Hills harmless from and against any and all liability, claims, demands, lawsuits and expenses arising from personal injury, sickness, death, or property damage, of any nature whatsoever, which may be incurred or suffered by the undersigned while participating in the activity.

Furthermore, the undersigned hereby assumes all risk of personal injury, sickness, death, damage and expense arising from the undersigned's participation in the activity.

The undersigned further hereby agrees to indemnify and hold Hyland Hills and its representative members, directors, employees, and agents (collectively, the "Indemnitees"), harmless from and against any and all claims, demands, actions, lawsuits and liabilities, including attorneys' fee and expenses sustained by the Indemnitees as the result of the negligent, willful or intentional acts of the undersigned.

Participant's  
Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Phone:(day) \_\_\_\_\_ (eve) \_\_\_\_\_

This waiver needs to be completed and returned to us either by mail prior to the scheduled activity, or turned in directly to the instructor at the beginning of the activity in order to participate. Our mailing address is: 8801 N. Pecos St. Federal Heights, CO 80260